

# Feel The Fear . . . And Do It Anyway By Susan Jeffers

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Internationally renowned author, Susan Jeffers, has helped millions of people around the globe to overcome their fears and heal the pain in their lives

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This book is very valuable and shows how to overcome fear by showing what is behind fear feelings and how to overcome and move forward.

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Susan Jeffers, Ph.D. received a doctorate in psychology from Columbia University. She is a noted public speaker, workshop leader, and media personality.

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